

Phase diagram of QCD with helically imbalanced quarks

Victor E. Ambruş¹, Maxim N. Chernodub²

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¹Institut für Theoretische Physik, Goethe Universität, Frankfurt am Main, DE

²Institut Denis Poisson, Université de Tours, FR



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- 2 Polarisation: Helicity and Chirality (arXiv:1912.11034)
- 3 Massive V/A/H fermions
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Polarization of QCD matter

- ▶ STAR collaboration: Λ polarization in HIC¹
- ▶ Anomalous transport: Chiral + helical vortical effects²
- ▶ Chirality works at $m = 0$, helicity works for any m .

¹STAR Collaboration, Nature **548** (2017) 62–65.

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QCD phase transition

- ▶ At high temperatures, quarks & gluons become deconfined \Rightarrow QGP.³
- ▶ Effective models: quarks acquire dynamical medium-dependent mass.
- ▶ In the linear σ model, $m_* = g \langle \sigma \rangle \neq 0$ in the confined state.

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Persistent (thermodynamic) polarization

- ▶ $\partial_\mu J^\mu = 0 \Rightarrow \hat{Q}$ which can be modelled thermodynamically via μ .
- ▶ μ_A inconsistent with $m_* \neq 0$.
- ▶ Is μ_H compatible with QCD models?
- ▶ How does μ_H affect QCD phase transition?

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Chirality (γ^5) vs. helicity (h)



- For $m = 0$, γ^5 and $h = \frac{\mathbf{S} \cdot \mathbf{P}}{p}$ share the eigenmodes U_j and $V_j = i\gamma^2 U_j^*$:

$$\begin{pmatrix} 2h \\ \gamma^5 \end{pmatrix} U_j = 2\lambda_j U_j, \quad \begin{pmatrix} 2h \\ -\gamma^5 \end{pmatrix} V_j = 2\lambda_j V_j, \quad (1)$$

- $J_A^\mu = \bar{\psi} \gamma^\mu \gamma^5 \psi$ satisfies $\partial_\mu J_A^\mu = 2im\bar{\psi} \gamma^5 \psi$.
- $J_H^\mu = \bar{\psi} \gamma^\mu h \psi + \bar{h} \psi \gamma^\mu \psi$ satisfies $\partial_\mu J_H^\mu = 0$ (for all m).
- Why is chirality good? Chiral vortical / magnetic / separation / etc. effects
- Why is chirality bad? $m \neq 0$; Axial anomaly ($\partial_\mu J_A^\mu = -\frac{e^2}{8\pi^2} F_{\mu\nu} \tilde{F}^{\mu\nu}$)
- Why is helicity good? Works at $m \neq 0$; Helical vortical effects
- Why is helicity bad? interactions; anomaly?; ambiguous when $m \neq 0$

	Q_V	Q_A	Q_H	\mathbf{J}_V	\mathbf{J}_A	\mathbf{J}_H
C	—	+	—	—	+	—
P	+	—	—	—	+	+
T	+	+	+	—	—	—

- ▶ Using $\widehat{\Psi} = \sum_j (U_j \hat{b}_j + V_j \hat{d}_j^\dagger)$, the $V/A/H$ charge operators are

$$\begin{aligned}
 : \widehat{Q}_V := & \sum_j (\hat{b}_j^\dagger \hat{b}_j - \hat{d}_j^\dagger \hat{d}_j), \\
 : \widehat{Q}_A := & \sum_j 2\lambda_j (\hat{b}_j^\dagger \hat{b}_j + \hat{d}_j^\dagger \hat{d}_j), \\
 : \widehat{Q}_H := & \sum_j 2\lambda_j (\hat{b}_j^\dagger \hat{b}_j - \hat{d}_j^\dagger \hat{d}_j). \tag{2}
 \end{aligned}$$

- ▶ J_V^μ , J_A^μ and J_H^μ form a triad: same T , different C and P .
- ▶ J_A^μ and J_H^μ have opposite C parities \Rightarrow they are fundamentally different.
- ▶ Can $\mu_{A/H}$ be used to thermodynamically describe polarization imbalance?

- The Lagrangian for free, massive fermions at finite $\mu_{V/A/H}$ is⁴

$$\mathcal{L}_{\text{free}} = \bar{\psi}(i\not{\partial} + \mu_V \gamma^0 + \mu_A \gamma^0 \gamma^5 + 2\mu_H \gamma^0 h - m)\psi. \quad (3)$$

giving rise to

$$(i\gamma^\mu \partial_\mu + \mu_V \gamma^0 + \mu_A \gamma^0 \gamma^5 + 2\mu_H \gamma^0 h - m)\psi = 0. \quad (4)$$

- Performing the Fourier transform $\psi \rightarrow \chi_p e^{-ip_\mu x^\mu}$, Eq. (4) reduces to

$$\mathcal{M}(p)\chi_p = 0, \quad \mathcal{M} = \not{p} + \mu_V \gamma_0 + \mu_A \gamma_0 \gamma_5 + 2\mu_H \gamma_0 h - m. \quad (5)$$

- $\det \mathcal{M} = \prod_{s,\nu} [p_0 - p_{0,\nu}^{(s)}] = 0$ reveals energy branches:

$$p_{0,\nu}^{(s)}(\mathbf{p}) = -\mu_V - \nu \mu_H + s \sqrt{m^2 + (|\mathbf{p}| - \nu \mu_A)^2}. \quad (6)$$

- $s = \pm 1$ corresponds to particles / anti-particles.
- $\nu = \pm 1$ corresponds to right- / left- handed fermions.

⁴M. Laine, A. Vuorinen, *Basics of Thermal Field Theory* (Springer, 2016).

Free energy

- ▶ Using the path-integral formalism in Euclidean time $\tau = it$, the partition function \mathcal{Z} can be expressed as

$$\mathcal{Z} \sim \prod_{\{P\}} \det \mathcal{M}.$$

- ▶ The free energy $\Omega = -T \ln \mathcal{Z} = \Omega_{\text{ZP}} + \Omega_T$ consists of the zero-point (vacuum) and thermal parts:

$$\Omega_{\text{ZP}} = -\frac{1}{2} \sum_{\varkappa=\pm 1} \sum_{s=\pm 1} \int \frac{d^3 p}{(2\pi)^3} s p_{0,\varkappa}^{(s)},$$

$$\Omega_T = - \sum_{\varkappa=\pm 1} \sum_{s=\pm 1} \int \frac{d^3 p}{(2\pi)^3} T \ln \left[1 + e^{-s p_{0,\varkappa}^{(s)}/T} \right].$$

- ▶ The charge densities can be obtained via $n_\ell = \langle J_\ell^0 \rangle = -\frac{\partial \Omega}{\partial \mu_\ell}$.

(μ_V, μ_H) duality

- ▶ For $\mu_A = 0$ but $\mu_V, \mu_H \neq 0$, the “energy branches” are

$$p_{0,\kappa}^{(s)}(\mathbf{p}) = -\mu_V - \kappa\mu_H + s\omega_{\mathbf{p}}, \quad \omega_{\mathbf{p}} = \sqrt{m^2 + \mathbf{p}^2}.$$

- ▶ $\Omega_{ZP}^{VH} = -2 \int \frac{d^3 p}{(2\pi)^3} \omega_{\mathbf{p}}$ is independent of μ_ℓ and T .
- ▶ The thermal part,

$$\Omega_T^{VH}(\mu_V, \mu_H) = -T \sum_{s,\kappa} \int \frac{d^3 p}{(2\pi)^3} \ln \left[1 + \exp \left(-\frac{\omega_{\mathbf{p}} - s(\mu_V + \kappa\mu_H)}{T} \right) \right],$$

exhibits the symmetry $\Omega_T^{VH}(\mu_V, \mu_H) = \Omega_T^{VH}(\mu_H, \mu_V)$.

- ▶ Also, Ω_T^{VH} is invariant under $\mu_V \rightarrow -\mu_V$, and/or $\mu_H \rightarrow -\mu_H$.
- ▶ The charge densities can be computed exactly in the small mass limit:

$$n_V = \frac{\mu_V T^2}{3} + \frac{\mu_V (\mu_V^2 + 3\mu_H^2)}{3\pi^2} - \frac{\mu_V m^2}{2\pi^2}, \quad n_H = \frac{\mu_H T^2}{3} + \frac{\mu_H (\mu_H^2 + 3\mu_V^2)}{3\pi^2} - \frac{\mu_H m^2}{2\pi^2}.$$

Incompatibility between $\mu_A \neq 0$ and $m \neq 0$

- ▶ For $\mu_V = \mu_H = 0$ but $\mu_A \neq 0$, the “energy branches” are

$$p_{0,\varkappa}^{(s)}(\mathbf{p}) = s \sqrt{(|\mathbf{p}| - \varkappa \mu_A)^2 + m^2}.$$

- ▶ In this case, $\Omega_{ZP}^A = \Omega_{ZP}^{VH} + \Omega_{\text{dens}}^A$ contains also a density-dependent part:

$$\Omega_{\text{dens}}^A = - \sum_{\varkappa=\pm 1} \int \frac{d^3 p}{(2\pi)^3} [\sqrt{(|\mathbf{p}| - \varkappa \mu_A)^2 + m^2} - \sqrt{\mathbf{p}^2 + m^2}].$$

- ▶ While everything works at $m = 0$, the $T = 0$ limit of n_A at finite m diverges:

$$n_A(\mu_A) \Big|_{T=0, m \ll |\mu_A|} = \frac{\mu_A^3}{3\pi^2} + \frac{m^2 \mu_A}{\pi^2} \ln \frac{\Lambda_{\text{UV}}}{m} + \dots, \quad (7)$$

where Λ_{UV} is an UV cutoff.

- ▶ Hence, $\mu_A \neq 0$ cannot be used when $m \neq 0$.⁵

⁵M. Ruggieri, M. N. Chernodub, Z.-Y. Lu, Phys. Rev. D **102** (2020) 014031.

Linear σ model with quarks (LSM $_q$)

- ▶ LSM $_q$ is a low-energy effective model of QCD, exhibiting the chiral phase transition.
- ▶ Considering the two-flavour model, $\psi = (u, d)^T$, the LSM $_q$ Lagrangian density is

$$\begin{aligned}\mathcal{L} &= \mathcal{L}_q + \mathcal{L}_\sigma, \\ \mathcal{L}_q &= \bar{\psi} [i\cancel{D} - g(\sigma + i\gamma^5 \boldsymbol{\tau} \cdot \boldsymbol{\pi})] \psi, \\ \mathcal{L}_\sigma &= \frac{1}{2} (\partial_\mu \sigma \partial^\mu \sigma + \partial_\mu \pi^0 \partial^\mu \pi^0) + \partial_\mu \pi^+ \partial^\mu \pi^- - V(\sigma, \boldsymbol{\pi}),\end{aligned}$$

where $\pi^\pm = \frac{1}{\sqrt{2}}(\pi^1 \pm i\pi^2)$ and $\pi^0 = \pi^3$ correspond to the isotriplet of the pseudoscalar pions, $\boldsymbol{\pi} = (\pi_1, \pi_2, \pi_3)$, while σ is the pseudoscalar field.

- ▶ The potential,

$$V(\sigma, \boldsymbol{\pi}) = \frac{\lambda}{4} (\sigma^2 + \boldsymbol{\pi}^2 - v^2)^2 - h\sigma,$$

reaches a minimum when $\langle \boldsymbol{\pi} \rangle = 0$ and $\langle \sigma \rangle^3 - v^2 \langle \sigma \rangle - \frac{h}{\lambda} = 0$.

Mean field approximation

- ▶ In the mean field approximation, the quantum fluctuations of σ and π are neglected, such that

$$\mathcal{L}_{\text{MF}} = \bar{\psi}[i\cancel{d} - M(\sigma)]\psi - V(\sigma),$$

where $V(\sigma) \equiv V(\sigma, 0)$ and $M(\sigma) = g\sigma$ is the dynamical quark mass.

- ▶ The model parameters are taken as⁶

$$g = 3.3, \quad \lambda = 19.7, \quad v = 87.7 \text{ MeV}, \quad h = (121 \text{ MeV})^3,$$

such that

- $\langle \sigma \rangle = f_\pi = 93 \text{ MeV} \equiv \text{pion decay constant};$
- $M(\langle \sigma \rangle) = 307 \text{ MeV} \simeq \frac{1}{3}m_{\text{nucleon}};$
- $m_\pi = \sqrt{\lambda(\langle \sigma \rangle^2 - v^2)} = 138 \text{ MeV}$ matches the pion mass.
- $m_\sigma = \sqrt{2\lambda f_\pi^2 + m_\pi^2} = 600 \text{ MeV}$ is the mass of the σ meson.

⁶O. Scavenius, A. Mocsy, I. N. Mishustin, D. H. Rischke, PRC 64 (2001) 045202.

- We now add $\mu_V = \mu_q = \mu_B/3$ ($N_c = 3$), μ_H and T , such that

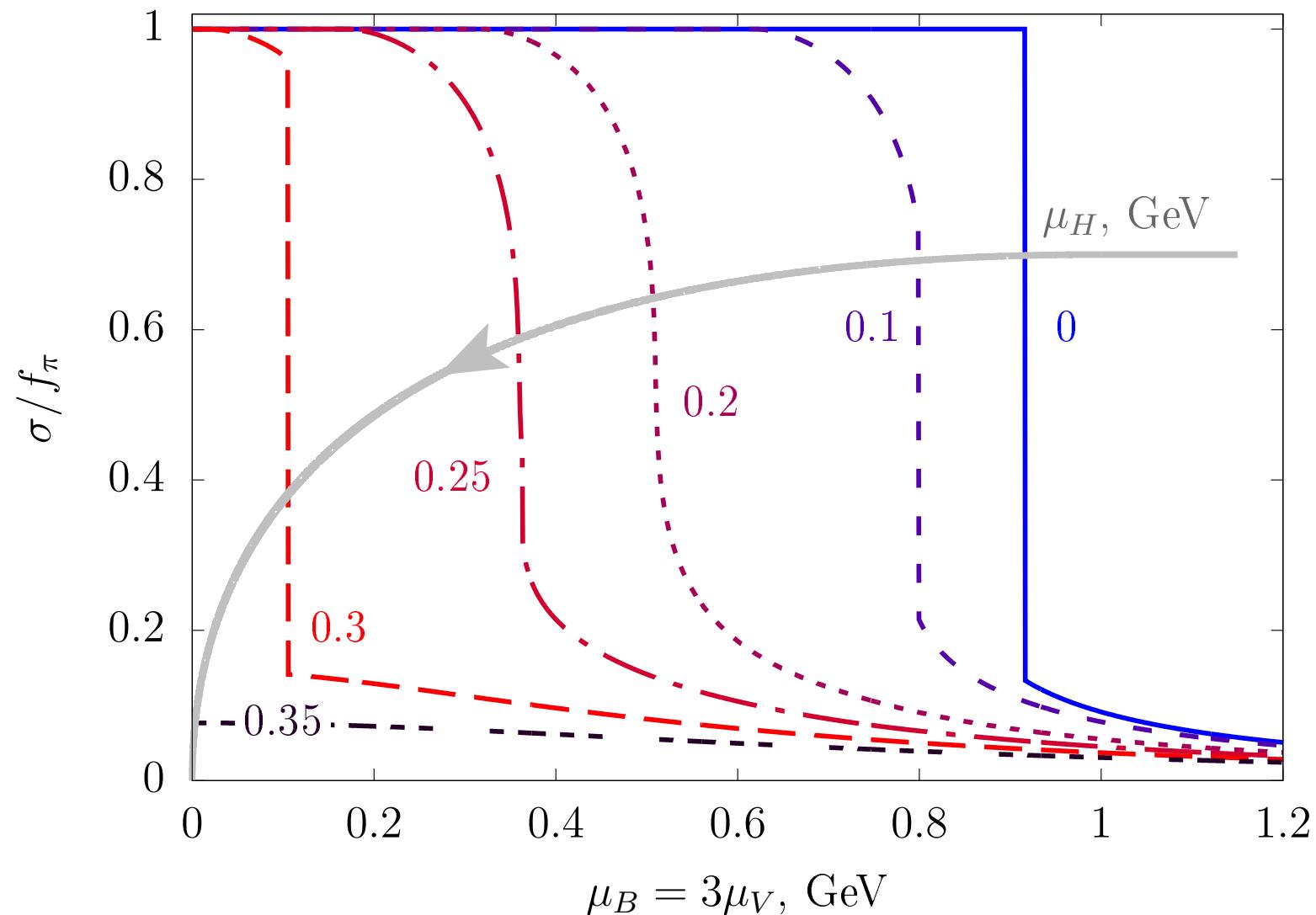
$$\Omega_T(\sigma; \mu_V, \mu_H) = V(\sigma) + \Omega_{q;T}(\sigma; \mu_V, \mu_H), \quad (8)$$

where $\Omega_{q;T}(\sigma; \mu_V, \mu_H) = \Omega_{\text{vac}}(\sigma) + \Omega_T(\sigma; \mu_V, \mu_H)$ and

$$\begin{aligned} V(\sigma) &= \frac{\lambda}{4}(\sigma^2 - v^2)^2 - h\sigma, \\ \Omega_T(\sigma; \mu_V, \mu_H) &= -N_f N_c T \sum_{s, \varkappa} \int \frac{d^3 p}{(2\pi)^3} \\ &\quad \times \ln \left\{ 1 + \exp \left[-\frac{1}{T} (\omega_{\mathbf{p}}(\sigma) - s(\mu_V + \varkappa \mu_H)) \right] \right\}, \end{aligned}$$

where $\omega_{\mathbf{p}}(\sigma) = \sqrt{\mathbf{p}^2 + g^2 \sigma^2}$ depends on σ .

- Ω_{vac} is ignored in order to avoid UV cutoff-dependence.
- For given T , μ_V and μ_H , σ is obtained by minimising $\Omega(\sigma; \mu_V, \mu_H)$.

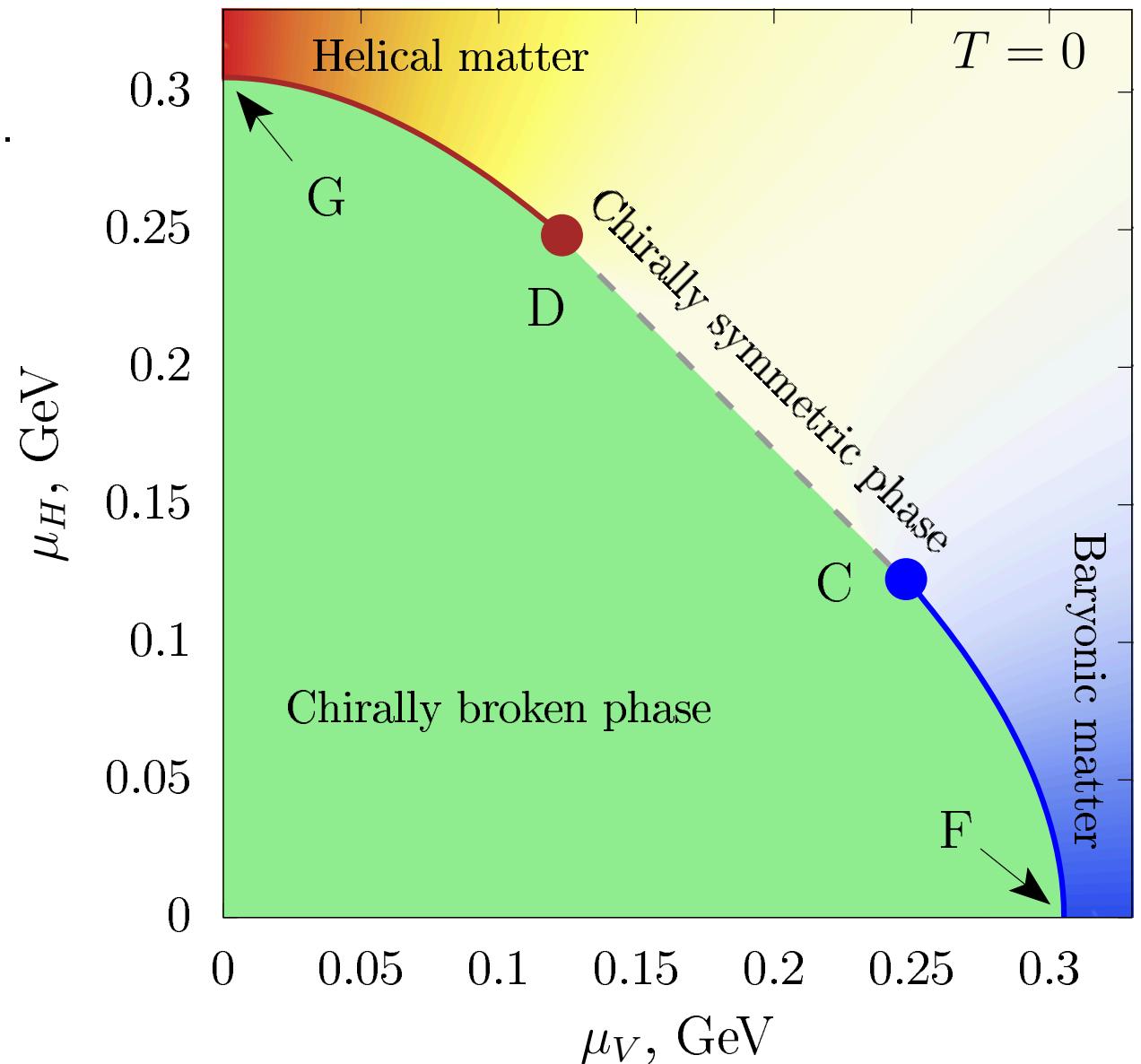


- At $\mu_H = 0$, 1st order PT occurs at $\mu_V = \mu_c = 305$ MeV.
- Increasing μ_H leads to crossover and then again to 1st order PT.

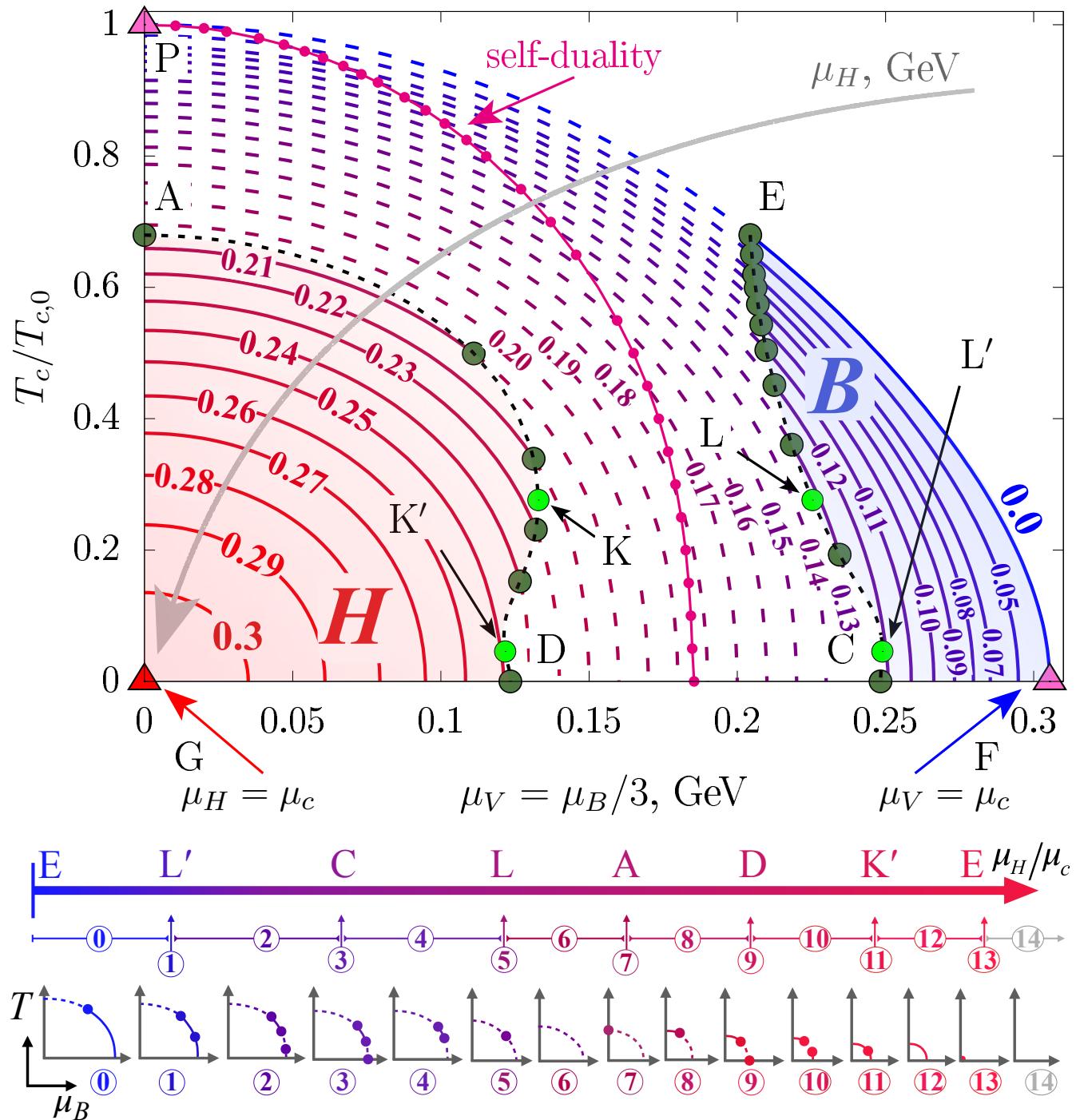
- ▶ PT1 along FC and GD.
- ▶ Crossover along CD.
- ▶ $\mu_H \leftrightarrow \mu_V$ duality.

- ▶ $\mu_V^F = \mu_H^G = \mu_c$.
- ▶ $\mu_H^F = \mu_V^G = 0$.

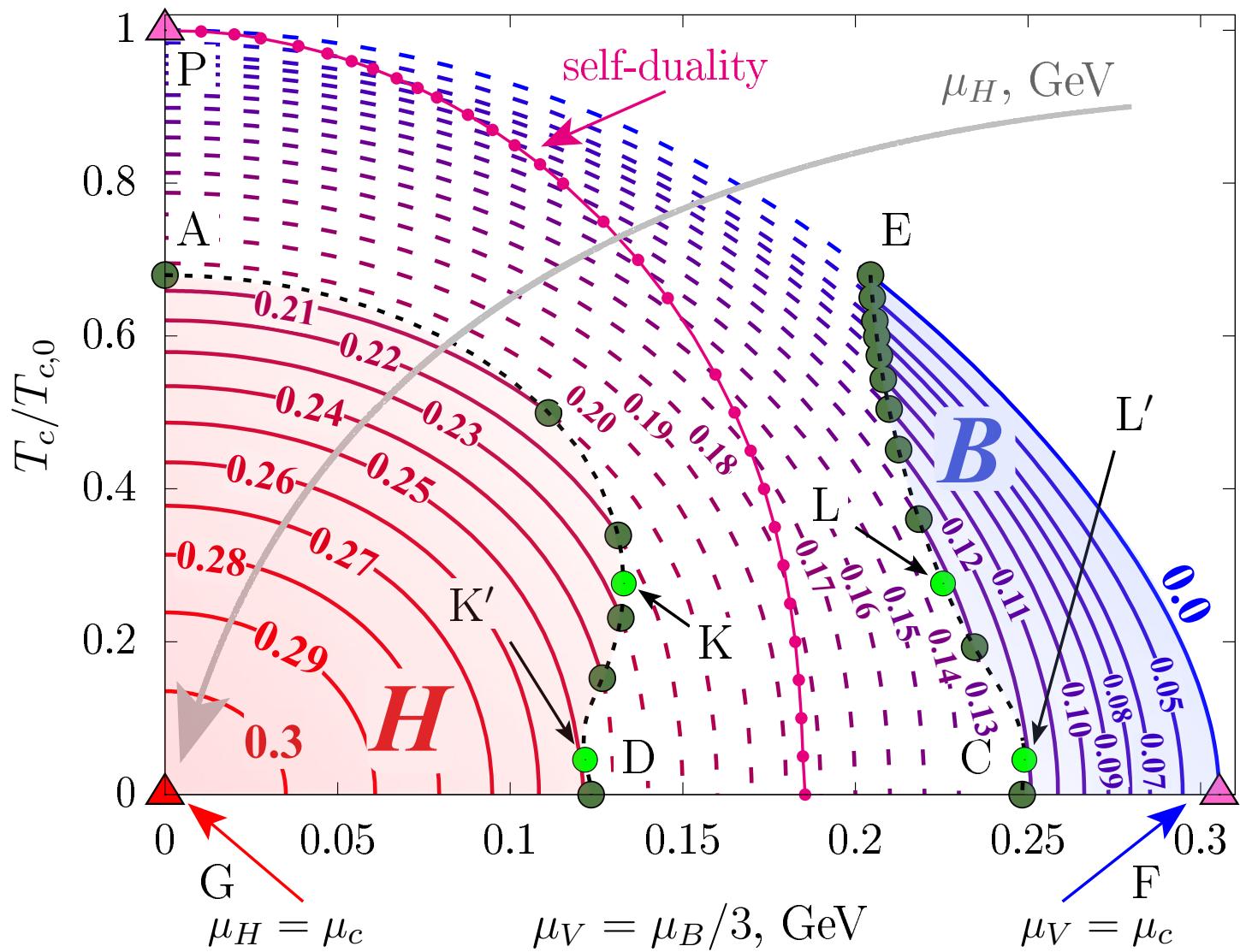
- ▶ $\mu_V^C = \mu_H^D = 0.81\mu_c$.
- ▶ $\mu_H^C = \mu_V^D = 0.40\mu_c$.



Finite-temperature phase diagram

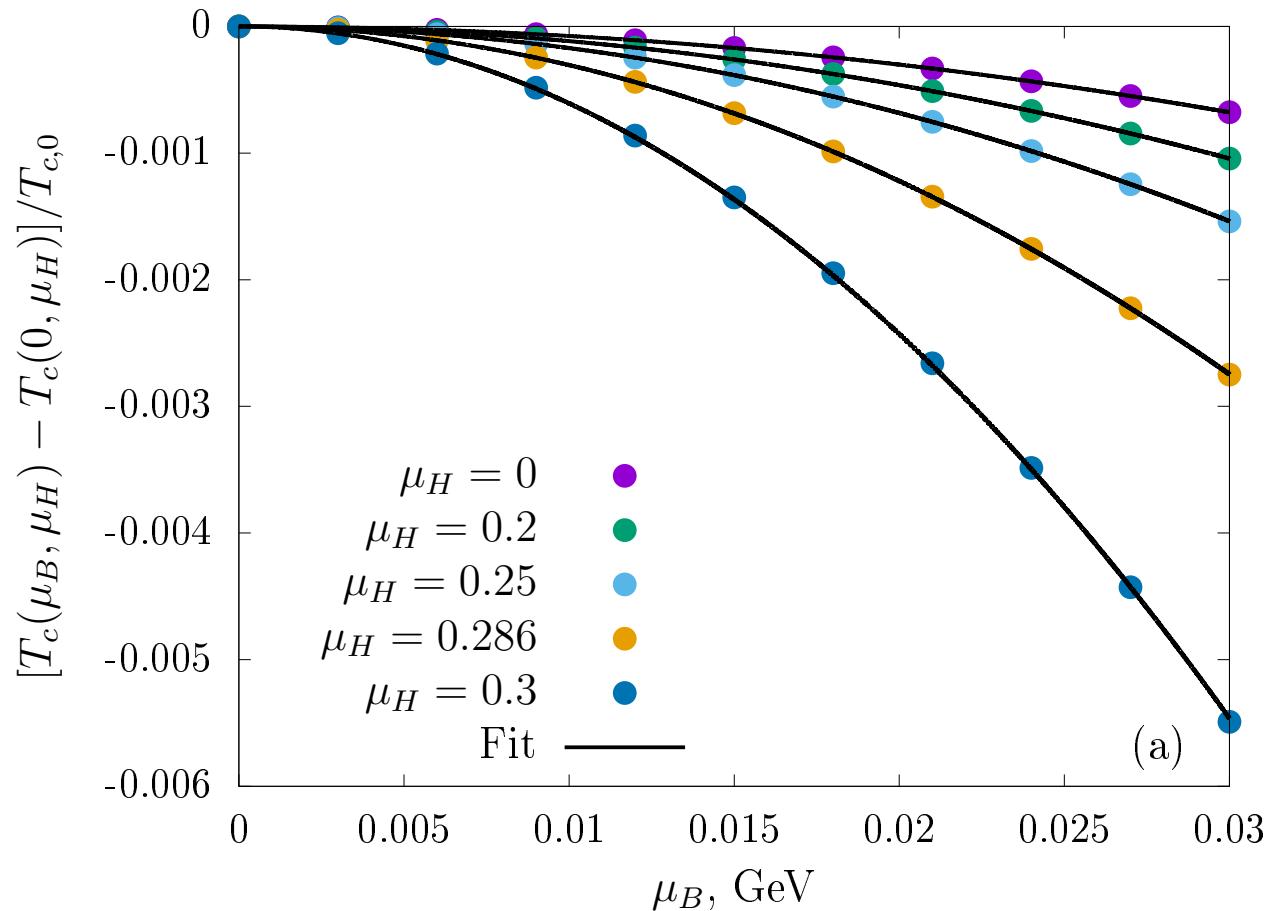


Finite-temperature phase diagram



	F	G	E	A	P	L'	C	L	K	D	K'
$\mu_V (\text{MeV})$	305	0	204	0	0	249	248	225	133	123	122
$\mu_H (\text{MeV})$	0	305	0	204	0	122	123	133	225	248	249
$T (\text{MeV})$	0	0	100	100	147	6.7	0	41	41	0	6.7

Curvature of the chiral transition

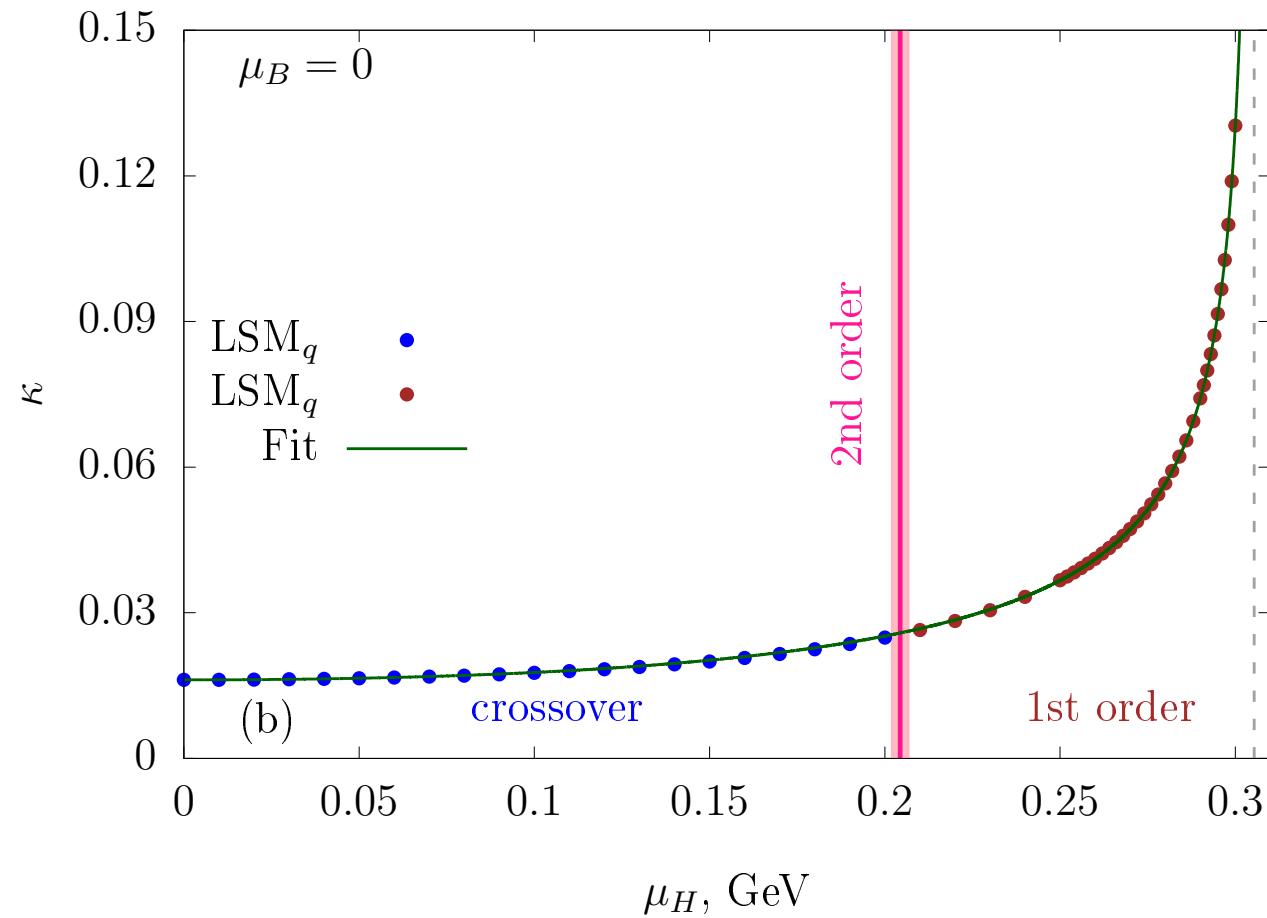


- ▶ The PT temperature at small μ_B and finite μ_H can be approximated by

$$\frac{T_c(\mu_B, \mu_H)}{T_{c,0}} = \frac{T_c(\mu_H)}{T_{c,0}} - \kappa(\mu_H) \left(\frac{\mu_B}{T_{c,0}} \right)^2 + \dots, \quad (9)$$

where $\kappa(\mu_H)$ is the curvature.

μ_H dependence of κ



$$\kappa^{\text{fit}}(\mu_H) = \kappa_0 \left[1 + \alpha \left(\frac{\mu_H}{\mu_{H,c}} \right)^2 \left(1 - \frac{\mu_H}{\mu_c} \right)^{-\gamma} \right], \quad (10)$$

- ▶ $\kappa(0) \simeq 0.016$ is the curvature at $\mu_H = 0$.
- ▶ Best fit for $\alpha = 0.70$, $\gamma = 0.58$.

- ▶ J_H^μ is classically conserved for free fields, even when $m \neq 0$.
- ▶ μ_H can account for helicity imbalance.
- ▶ μ_A incompatible with LSM_q , while (μ_H, μ_V) form a dual pair.

- ▶ Non-trivial changes to the chiral phase diagram can be seen when $\mu_H \neq 0$:
 - New critical points at $T = 0$: C and D .
 - At $T > 0$, the critical point E becomes a critical line: $E - L - L' - C$.
 - New critical line (dual to $ELL'C$): $A - K - K' - D$.
 - New region of 1st order phase transition $\equiv H$ matter (dual to B matter).
 - Curvature κ of transition temperature at vanishing μ_B depends on μ_H .

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THANK YOU FOR YOUR ATTENTION!