Model-independent approach to the NSmatter equation of state

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Main references:

- Annala, Gorda, Kurkela, AV, PRL 120 (2018), 1) 1711.02644
- Gorda, Kurkela, Romatschke, Säppi, AV, PRL 121 2) (2018), 1807.04120
- Annala, Gorda, Kurkela, Nättilä, AV, Nature Phys. 3) (2020), https://www.nature.com/nphys/



Underlying challenge with NSs: *Can we determine the properties of cold & dense QCD matter using only first principles field theory tools and robust observational data on neutron stars?* 

Link between micro and macro from GR (non-rotating TOV-eqs.):



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$$\frac{dM(r)}{dr} = 4\pi r^2 \varepsilon(r),$$

$$\frac{dp(r)}{dr} = -\frac{G\varepsilon(r)M(r)}{r^2} \frac{(1+p(r)/\varepsilon(r))\left(1+4\pi r^3 p(r)/M(r)\right)}{1-2GM(r)/r}$$

$$\varepsilon(p) \Rightarrow M(R)$$

## Clear need for a systematic and model-independent approach to the microphysics of neutron stars



#### NS matter EoS – robust theoretical limits



Low-density behavior of EoS well known from nuclear theory side. Challenges begin close to saturation density:

- At  $1.1n_s$ , current errors in Chiral Effective Theory EoS  $\pm 24\%$  mostly due to uncertainties in effective theory parameters
- State-of-the-art EoS NNNLO in chiral perturbation theory power counting [Tews et al., PRL 110 (2013), Hebeler et al., ApJ 772 (2013)]



Asymptotic freedom of QCD  $\Rightarrow$  High-density limit from a non-interacting theory. However,...

- For practical applications, need to know also how rapidly this limit is approached
- At interesting densities  $(1 10)n_s$  system clearly strongly coupled and no nonperturbative methods available



State-of-the-art in pQCD: three loops at  $m_q \neq 0$ ; towards four loops at  $m_q = 0$  [Kurkela, Romatschke, Vuorinen, PRD 81 (2009); Gorda, Kurkela, Romatschke, Säppi, AV, PRL 121 (2018);...]

- Uncertainty in the result at  $\pm 24\%$  level around  $40n_s$
- Main source of uncertainty: renormalization scale dependence
- Pairing contributions to EoS subdominant at perturbative densities



Conclusion: Sizable no man's land extending from outer core to densities not realized inside physical neutron stars

Options: Use models, novel nonperturbative techniques, or interpolate between the limits using observational data

#### What do we know from observations?



Radius measurements more problematic, but progress through observation of X-ray emission:

- Cooling of thermonuclear X-ray bursts provide radii to  $\sim \pm 400m$  [Nättilä et al., Astronomy & Astrophysics 608 (2017), ...]
- Pulse profiling (NICER) has provided a robust radius measurem. for one NS so far [Raaijmakers et al., Astr.J.Lett. 887 (2019)]



Gravitational wave breakthrough: First observed NS merger by LIGO & Virgo in 2017 (any many since then)

Three types of potential inputs:

- Tidal deformabilities of the NSs during inspiral – good measure of stellar compactness
- 2) EM signatures present if no immediate collapse to a BH
- 3) Ringdown pattern sensitive to
   EoS (also at T ≠ 0), but freq.
   too high for LIGO/Virgo

LIGO and Virgo collaborations, PRL 119 (2017), PRL 121 (2018)





Tidal deformability: How large of a quadrupolar moment a star's gravitational field develops due to an external quadrupolar field

$$Q_{ij} = -\Lambda \mathcal{E}_{ij}$$

Substantial effect on observed GW waveform during inspiral phase



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$$Q_{ij} = -\Lambda \mathcal{E}_{ij}$$

LIGO & Virgo bound  $70 < \Lambda(1.4M_{\odot}) < 580$  at 90% credence using low spin prior [LIGO and Virgo, PRL 121 (2018)]



# Interpolation – or how to optimally combine theoretical and observational insights

Allow all possible EoS behaviors by interpolating it over the no man's land using one's favorite (often piecewise) basis functions

Require:

- Smooth matching to nuclear and quark matter EoSs
- Continuity of p and n with at most one exception (1<sup>st</sup> order transition)
- 3) Subluminality
- 4) Optional: astrophysical constraints

[Kurkela et al., ApJ 789 (2014)]





Assumption here and in the following: All stars considered main seq. NSs

Excluded: twin stars [e.g. Alvarez-Castillo, Blaschke, PRC96 (2017)], strange quark stars [e.g. Weber et al., IAU 291 (2013)]



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- Tidal deformability limits  $\Rightarrow$ EoS cannot be overly stiff,  $R(1.4M_{\odot}) \leq 13$ km
- Accurate *R* measurements (here assuming accurately determined mass)

#### How about quark matter?

Recent work: Implement interpolation starting from speed of sound, and classify results in terms of  $max(c_s^2)$ and the latent heat of the deconfinement transition [Annala, Gorda, Kurkela, Nättilä, Vuorinen, Nature Physics (2020)] Recent work: Implement interpolation starting from speed of sound, and classify results in terms of  $max(c_s^2)$ and the latent heat of the deconfinement transition [Annala, Gorda, Kurkela, Nättilä, Vuorinen, Nature Physics (2020)]

### Interesting because of tension between standard lore in nuclear physics and experience from other contexts





Setting nontrivial upper limits for speed of sound leads to increasingly constrained results; contrary to common lore, even sub-conformal ( $c_s^2 < 1/3$ ) EoSs viable

Low- $c_s$  EoSs suggest two-phase structure of the EoS band



Comparison with viable NM EoSs and QGP critical region strengthens link between bend and deconf. transition

Distinguishing feature between phases: slope  $\gamma \equiv \frac{d \ln p}{d \ln \epsilon} \approx$ 1 in nearly conformal QM, ~2.5 in sub- $n_s$  nuclear matter



**Obvious questions:** 

- Is the two-slope structure only a property of the band, or does it persist more differentially – and for larger values of max(c<sup>2</sup><sub>s</sub>)?
- 2) Where do the centers of NSs with different masses lie, i.e. does quark matter exist inside NSs?

strengthen link between bend and deconf. transition

Distinguishing feature between phases: slope  $\gamma \equiv \frac{d \ln p}{d \ln e} \approx 1$  in nearly conformal QM, 2.5 in sub- $n_s$  nuclear matter ...

Plan for investigation:

- 1) Generate a large (~500.000) ensemble of viable EoSs with speed-of-sound method, allowing for 1<sup>st</sup> order transitions with arbitrary latent heats  $\Delta \epsilon$
- 2) Compare behaviors of three key quantities  $\gamma$ ,  $c_s^2$ , and  $p/p_{\rm FD}$  to all viable hadronic EoSs available
- 3) Identify approximative criterion for the onset of QM and quantify conditions for its presence and amount inside NSs of different masses















- In maximal-mass stars, quark core is present in a vast majority of stars and always sizable if  $max(c_s^2) \leq 0.5$
- Purely hadronic NSs possible only if  $max(c_s^2) \gtrsim 0.7$  and transition first order
  - ✓ If transition a crossover, quark cores inevitable!



# Recent simultaneous MR-measurements [1] and limits drawn from EM counterparts of GW170817 [2] in excellent agreement with low- $c_s$ EoSs

[1] Nättilä et al., Astronomy & Astrophysics 608 (2017)

[2] Margalit and Metzger, Astrophys. Journal 850 (2017); Radice and Dai, Eur. Phys. J. A55 (2019)

#### Final thoughts

 How to remedy for the absence of lattice methods at high density?

• How to optimally exploit observational info on NSs?

• Do QM cores exist inside NSs, and if so, in which stars?

- How to remedy for the absence of lattice methods at high density?
  - No single method available everywhere; tools such as CET & pQCD useful but in separated regimes
- How to optimally exploit observational info on NSs?
  - Model-independent interpolation of the EoS offers
     systematic framework for including observations
- Do QM cores exist inside NSs, and if so, in which stars?
   o For massive enough stars, matter in their cores apprears to have characteristics resembling QM